

MTSU RUGBY CODE OF CONDUCT

COACH'S CODE

- Be Reasonable in your demands on the players' time, energy, and enthusiasm.
- Teach your players that the rules and laws of the game are mutual agreements which no one should evade or break.
- In contact games, group players according to physical skill and ability level.
- Avoid overplaying talented players. "Average" players need and deserve equal time.
- Never ridicule or yell at the players for making mistakes or losing a game.
- Develop team respect for the ability of the opponents, as well as for the judgment of referees and opposing coaches.
- Make sure the team conducts themselves appropriately at the end of a game, even practice games, with 3 cheer and forming a tunnel for the opposition.

PLAYERS' CODE

- Play by the rules and laws of the game.
- Never argue with a coach or referees decision.
- Control your temper.
- Work equally hard for yourself and your team, thus your team's performance will benefit, and so will your own.
- Remember that the goals of the game are to build team skills; push yourself to excel and become a better person.
- Don't be a show off.
- Cooperate with coaches, team mates, opponents and referees.
- Don't do anything to embarrass yourself, your team, your school or your family.
- Arrive at practices and games on time and prepared.

Have fun, work hard and be your best!

Coaches' Signature _____

Players' Signature _____